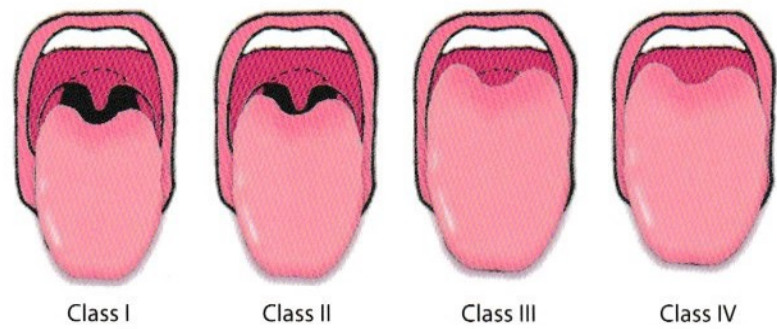


A short pediatric sleep apnea questionnaire



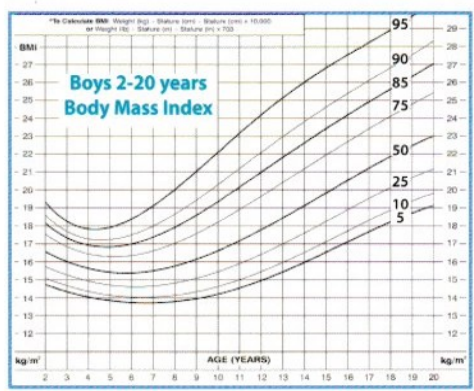
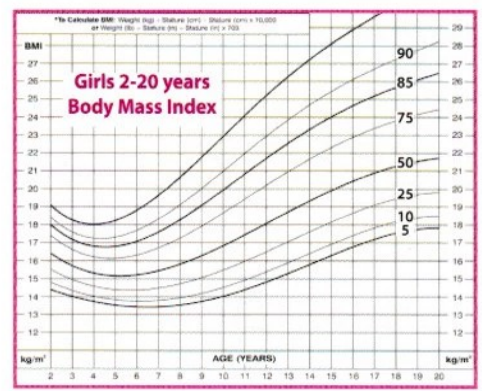
- I** Is your child often Irritated or angry during the day? Yes No
- M** Body Mass index above the 85th percentile? Yes No
- S** Does your child usually Snore? Yes No
- L** Does your child sometimes have Labored breathing at night? Yes No
- E** Ever noticed a stop in your child's breathing at night? Yes No
- E** Does your child have Enlarged tonsils and/or adenoids? Yes No
- P** Does your child have Problems with concentration? Yes No
- Y** Does your child often Yawn or is often tired/sleepy during the day? Yes No

3 or more positive responses suggests Sleep Apnea.



The Mallampati Score

- Class I: Complete visualization of the soft palate
- Class II: Complete visualization of the uvula
- Class III: Visualization of only the base of the uvula
- Class IV: Soft palate is not visible at all



Kadmon G, Chung SA, Shapiro CM. I'M SLEEPY: a short pediatric sleep apnea questionnaire. *Int J Pediatr Otorhinolaryngol.* 2014;;78(12):2116-20.



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For more information / referral forms
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